SACRAMENTO AREA CAREER WOMENS NETWORK, INC.

VOL 5, NO. 3

MARCH 1989

GALIFORNIA WOMEN Courage · Compassion · Conviction



Courtesy of:

CALIFORNIA STATE DEPARTMENT OF EDUCATION

IN CELEBRATION OF WOMEN'S HISTORY MONTH

SACWN, INC PRESENTS JOAN UEBELHOER AND THE "SPIRIT OF ELIZABETH CADY STANTON"

Time Travel with us to visit a woman of startling vision and courage. She knew the burden and beauty of seeing a promise of equality for all women. She lived to make that promise come true. She was Elizabeth Cady Stanton.

SACWN, INC is honored that Joan will be making a special trip to Sacramento for us. And with her she brings the spirit of Elizabeth Cady Stanton.

STORY ON PAGE 4

PRE-REGISTRATION ON PAGE 12

MARCH 17

SIERRA INN 2600 AUBURN BLVD. SACRAMENTO

NETWORKING, COCKTAILS, THE HUB 6:00 - 8:00

LITE HORS D'OEVRES 6:30 - 7:30

PROGRAM 8:00 - 9:00

NETWORKING, THE HUB 9:00 - 11:00

CORPORATE COORDINATOR'S REPORT

With the enlarged Steering Committee and subscribers of nearly 400, has come an increasingly long and complex agenda for each committee meeting. At the Steering Committee meetings much energy was spent trying to streamline how we present and act upon business, both on a regular basis and in cases of emergency. A complex procedure was adopted for dealing with what should be rare occasions when decisions may need to be made quickly and without an opportunity for full discussion. We expect it to discourage emergency actions, but to permit them to happen when absolutely necessary, with as many safeguards as possible.

A new liability waiver proposed by the Networking Committee was adopted, to be put into effect immediately for new subscribers and for the SACWN special interest groups. The idea behind the waiver is to advise and acknowledge that participation in SACWN events, especially special interest groups, could lead to injury or damage to person or property (golf ball on the crazy bone, perhaps?) and that SACWN the organization just can't be liable to participants for such losses - we each "assume the risk" by participating or opening our homes to events, or bringing our things to a picnic or whatever.

Marketing requested and got permission to begin advertising our events through flyers to Lesbian groups on local campuses, Lioness Books, and certain other groups serving women.

Further revisions to the Constitution, Policies, and Position Descriptions were approved, more "clean up" than substantive. However, a special committee is working on proposed changes in the role of several committees, especially Subscription Development. Hopefully, those changes will be completed and adopted at the March meeting, and we will be able to provide fully updated Constitution, Policy, and Position Descriptions for you at the March or April "HUB". Along with this will be minutes from Steering Committee meetings and voting records on the various proposals considered there.

The Newsletter Committee is moving its meetings and thus deadlines up to the second Tuesday of each month, and had a new advertising brochure approved for distribution to all of you. (See enclosure in this issue)

The Program Committee is recommending return to the Sierra Inn, where there is more room for our programs.

Sierra Inn is promising <u>better food</u> and <u>better service</u>. So, please bear with us as we try to accommodate all of you! The Clarion was gorgeous but too many people had to stand to enjoy the amazing antics of comedienne Marga Gomez in January. The Sierra Inn is wonderfully private and has plenty of parking, so we're trying it again.

An exciting policy change is the adoption of a sliding fee plan for <u>pre-registered admission</u> to events. We're hoping this will help those of you who've found some events simply priced out of your range, and thus benefit us all by the breadth of networking that will result. (See Financial Coordinator's report, for details on all of this).

That's it for this month. Feel free to call any of us with your thoughts or ideas.

Rosemary Metrailer
Corporate Coordinator

A HEARTBEAT AWAY!

JOANN LOULAN IS COMING TO SACWN, INC!

On April 21 Ms. Joann Loulan, author of <u>Lesbian Passion</u> and <u>Lesbian Sex</u> will be speaking to members and friends of SACWN, INC. Her 1-1/2 hour lecture will prove to be provocative, humorous and educational. She will cover a gamut of subjects including Healing the Child Within, Fanning the Flames for Couples and Dating in the Lesbian Community.

Joann has appeared on Donahue and the Oprah Winfrey Show. Now SACWN, INC. is proud to present Joann up close and in person! After the program she will autograph her books so come prepared.

WATCH FOR MORE DETAILS IN THE APRIL NEWSLETTER!

FINANCE COORDINATOR'S REPORT

The Steering Committee is pleased to announce the approval and implementation of sliding fees at all SACWN events/programs.

Beginning in March, SACWN subscribers will be able to purchase <u>pre-registered event/program tickets</u> on a sliding fee basis. Now those of us with friends that have been reluctant to join SACWN due to our old ticket prices can actively recruit them into the ranks! We hope that by encouraging pre-registration we can more accurately predict total attendance and thereby provide adequate accommodations for all our programs. The sliding fee plan will be on a <u>trial</u> basis depending on the economic feasibility and future success of our programs.

The Steering Committee believes that SACWN should continue to provide a friendly exchange of information in which networking is the primary goal. We embrace the opportunity to broaden the ranks of SACWN by welcoming all our sisters: the differently abled, and every soci-economic group, color, and age. In this spirit, we believe it is to no one's advantage if we oppress each other, and we feel our male-dominated society is oppresive enough without adding another burden by excluding our sisters from an organization that was originally designed to help us all excel. As a dynamic consequence of our expanded membership, we may someday choose to use our numbers as political clout, that could make some very exciting changes occur in our community and in our state.

It is with these goals in mind that we ask your help as a SACWN subscriber, for a sliding fee schedule to work, we are very much dependent upon the honesty and integrity of <u>YOU</u> the subscriber. We need the cooperation of those earning comfortable incomes to be proud of your accomplishments, knowing that your willingness to pay the standard ticket price will enable our struggling sisters to join us. Let's take an active role in competing with the "all boys network" and show our male-dominated society that an "ALL WOMYN'S NETWORK" can be every bit as successful and dynamic, without taking on the attributes of the "Good Old Boys Mentality" approach.

Lill Ordaz Finance Coordinator

PROGRAM COORDINATOR'S REPORT

We would like to acknowledge everyone who supported us in the outstanding success of <u>The Marga Gomez Show</u>. We had a record 240 Lesbians attend with standing room only. In four short months, we have outgrown the Clarion and I would personally like to appliand their staff for handling the unexpected crowd in January.

The Program Committee tries desperately to develop programs that reach and appeal to all interests. Having only four opportunities a year (sharing the months with Networking and Special Events) to serve you, we realize not everyones' needs are met. 1989 offers us special occasions to present people like Marga Gomez and Joann Loulan. In August we will be sharing a film "Out in Suburbia" and donating the proceeds to the Film Arts Foundation to help this beautiful film about Lesbians.

If it appears we have left out your special request or need, it is because we ran out of time, not interest. We are aware that subjects as important as Battered Lesbians, Health for Women and Women in Business need to be addressed and we are beginning to plan 1990's schedule as we speak (Is it almost 1990 already?)

If you have any comments or contacts for programs you would like to share with us, please don't hesitate to call myself or Linda Killick (916 -46-8985) at any time. Also, committee members are always needed to assist in brainstorming.

Thank you for your support.

Joanna Cassese, Programs Chair Patti Carey, Programs Associate

MARKETING COORDINATOR'S REPORT

It's finally happened! SACWN is growing leaps and bounds — and to try to keep up with the growth, the special task of marketing SACWN's image presents itself. Please review the adrate card that is enclosed in this issue. If anyone needs more information, please don't hesitate to call me personally at 444-5868 or Linda Killick at the SACWN office, 486-8985. Otherwise, please share the information with others who may want to advertise in the SACWN newsletter to over 400 sisters.

So, what is our "image", some may ask? Well — we know that our goal is: to actively promote a networking structure as defined by our purpose statement and to outreach to Lesbians of all cultures, age groups (over 21), physical abilities, social and economic backgrounds. But, our IMAGE is not just our purpose and our goals — our image is also our SELVES! — All of us who participate in SACWN events are the 'WE' who have set the purpose and the 'WE' who have set the goals of this organization, either directly providing input or indirectly through our votes. Personally, I see SACWN's image as being that of a safe place to come together one evening a month with women who share at least one commonality. . . a place which presents many opportunities for personal growth and unique possibilities. I perceive SACWN as an organization of inclusion, not exclusion — and the membership as a most loving and gracious group that cannot be found easily. Not to say that I don't have my MOMENTS! As a fact of life, I do! And that is why it's important for everyone, at some point when you find yourself with some 'free' time and 'excess' energy, to get involved as a volunteer and to help maintain the VEHICLE (the organization).

Looking forward to meeting more of the membership in 1989! If you have any IDEAS or COMMENTS regarding anything to do with marketing, fundraising or advertising — please don't hesitate to call me either at work 923-9787 - 9-5 pm or at home 444-5868 - 5-7 pm (please no calls after 7 pm). Saturday and Sunday afternoons, - 12 noon- 5 pm, are okay, too.

Yolanda Ortiz Marketing Coordinator

UEBELHOER AS ELIZABETH CADY STANTON

Ms. Stanton (1815-1902) was a leader in the first wave of American Feminism. She pioneered the Women's Rights Movement along with Lucretia Mott and Susan B. Anthony. She championed property rights for women, a uniform marriage law in all states, battered women's rights, children's rights, divorce reform and economic equality for women. Sounds familiar to what we are all still fighting for today but we have Ms. Stanton to thank for a powerful beginning.

Her words will be spoken through Joan Uebelhoer (pronounced Joanne Eebelhare). Joan, who has been active in the Women's Movement since the late 1960's and was the Co-founder of the Fort Wayne Feminists, uses the written words of Elizabeth Cady Stanton from her diary, letters, speeches and autobiography.

If you recall the overwhelming turnout last year for Pat Bond in "Beloved Hick" and Mary Kay Blakely from Fort Wayne and Ms. Sally Wagner portraying "Matilda Jocelyn Gage", you will want to reserve your tickets well in advance for Joan Uebelhoer as Elizabeth Cady Stanton.

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SPECIAL INTEREST GROUPS

BRIDGE







Looking for intelligent, thinking and fun women for the intellectually stimulating and challenging game of bridge. . .

We'll be having a lesson for beginners on Sunday, March 5 at 2 p.m. and our regular game for all levels of players on Friday, March 10 at 6:30 p.m. Bring money for pizza or take out food on March 10. Call Vivian, 452-5727 for locations.

GOLF

Last newsletter's special golf column really said it all! But if you missed it, just remember that tournament play begins again in April. Call Melody for information, 392-3609. For lessons from Dori, call 428-9401.

SINGLES ONLY





A delicious brunch was held in January, along with a Pleasure Party by Paulette.

February's event was a potluck at Audrey's and a variety of games were played (Pictionary, Fictionary and probably the usual dating game too!) The March event will be an Easter potluck on the 18th in Sacramento. For information, contact our new coordinators, Linda or Susan at 921-9052. For a flyer on the next event, send a self-addressed envelope to 805 Sotano Drive, Sacramento, CA 95833.

Remember, this group is a fabulous way to make new friends, not just find potential dates, so if you want to increase your social life, have fun, and meet lots of new friends, JOIN US!

ADULT CHILDREN OF ALCOHOLICS OR DYSFUNCTIONAL FAMILIES









This group meets every other Thursday and is open to new members. The focus of the group is journal writing. We use a workbook on the 12 Steps and have a time for sharing. We also need a person to volunteer her home for a new meeting location. Call Kathy, 421 8427.

OUTDOOR RECREATION





FOOL FOR HIKING? Join us April 1 for a spring hike through Point Reyes.

There will be a meeting to plan future events for this group on Monday, March 27 at Ellen's house. Call Ellen for information, 441-7962.

SELF-EMPLOYED WOMEN





Last meeting, we listened to a presentation by Bay Area Broker Edith Price on different types of insurance available to self-employed women. Most of our meetings are open discussion and we share valuable topics such as debt collection, office security, insurance, coming out in the workplace, advertising, networking and referrals. Our four major areas of concern are networking, information sharing, support and problem-solving.

As self-employed women, our joys and concerns are different from those of women who are employed by others. If you are fully or partially self-employed or are aspiring to be, come JOIN US for entertaining, lively and informative discussion.

Call Aeriel, 452-5503 — next meeting Thursday, March 9 at 7:30 pm.

METAPHYSICAL/SPIRITUAL



We've done a variety of activities in this group, including reading a Shakti Gawain article and seeing one of her video-tapes, rune reading, sharing ideas and a potluck. New groups are currently forming, so call Corky 456-1732, to get on a list for a new group and put in a request for your preferred meeting time.

SPECIAL INTEREST GROUPS cont.

LESBIAN MOTHERS AND CO-PARENTS

This group is eagerly awaiting new members, so call Madlyn for information, 487-3978.

LATE-BLOOMING LESBIANS





Come JOIN our late-bloomers group to discuss the trials, tribulations and triumphs of coming out late. We'll also be planning our future social events at our next meeting at 7 p.m. on Wednesday, March 8. Singles and couples welcome. You can come early and bring a bite to eat. Call Debbie (new contact person) for the location of the meeting, 725-3449.

BOOK CLUB







The first organizational meeting was held in January and was successful and productive. It was agreed that we would meet monthly on the third Sunday from 3-6 p.m. Many members expressed a desire to lend and borrow books, and to read poetry and plays in addition to Lesbian fiction/non-fiction. (We will not be confined to just Lesbian and Gay readings, although this is what we came up with for the next few meetings. In April or May, members will decide which books we'll read for the summer months.) The book we will have read for the March 19 meeting, is <u>A Restricted Country</u> by Joan Nestle. For more information and directions, call Gretchen at 922-6287.

An interest has been expressed in starting a support group for women, if there are any subscribers who are interested, please contact Ellie Zacks, Special Interest Group Coordinator, (916) 967-0611.

SUCCESSFUL SACWNITE

Our March successful SACWNite is Linda Birner who has been recognized by three Sacramento groups for her work in the Lesbian and Gay community. The Sacramento History Center Associates named Linda as "a nominee for the contemporary women who has given so much to our community in the award category STEAD-FASTNESS." In addition, the Hand to Hand volunteers and Sacramento Aids Foundation recognized Linda at their client-volunteer Potluck Dinner and Awards night on February 2, 1989. Applause to Linda and all who have been leaders in the Sacramento Lesbian community.

So many women contribute their hearts, energy and time to our community. These women devote more then words or passing gestures. They strive to make real changes in a society that resists change. They keep hope alive for us all. Some leaders receive recognition more readily than others yet our admiration flows to the countless women achievers - sung and unsung - who give the gift of their self for us. If not for those women who contribute, devote, strive and keep hope alive... we would have no heroines of our own. We have so many heroines - some silent, some unseen and to all we send



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A CHOICE FOR SHARON KOWALSKI

Sharon Kowalski and Karen Thompson spent many happy years together, devoted to each other and to building a shared life. In 1983, Sharon was severely injured in a tragic automobile collision. She became bed-ridden, unable to speak and without control over her future. Though Karen tried to participate in Sharon's rehabilitation and recovery, in 1985 Sharon's parents denied Karen any access to their daughter.

Today, Karen and Sharon are temporarily reunited. After a lengthy and bitter legal battle between Thompson and the Kowalskis, Judge Richard Campbell approved Sharon's move from a nursing home to a specialized care facility. Sharon began extensive speech and physical therapy after transfer to the Miller-Dwan Medical Center in Duluth, Minnesota. Two weeks into her new treatment program, her psychologist Dr. Dorothy Rappel contacted Karen and relayed a heartening message: Sharon wanted to see Karen.

Six years had passed since they had been separated. At first, Sharon failed to recognize the woman who had struggled so to be with her. Then Karen spoke a few words. . . and tears formed in Sharon's eyes. Two women cried together, finally reunited after more than a half decade apart.

Sharon's condition was sadly affected by years spent in a nursing home where limited therapy was available. The Miller-Dwan staff is providing in-depth attention to Sharon's recuperation, using alphabet boards and computers to help her communicate more effectively. Sharon still has short-term memory problems, but Karen and Miller-Dwan are using memory-exercise methods that already show she can improve her power to recall recent events. Unfortunately, Sharon's prospects for walking again are dim because of leg-tendon damage from years lying in bed.

Sharon's future recovery and Karen's continuing reunion with her remain a question-mark. On March 18, Sharon's condition will be re-evaluated on Judge Campbell's order. Since Miller-Dwan is not a permanent care facility, Judge Campbell must decide if future therapy at that site is appropriate for Sharon. If Sharon is returned to a nursing home, current therapy may end and the Kowalski's (who retain guardianship powers) may resume control over access to their daughter.

In an interview with Caroline Foty, spokeswoman for the National Committee to Free Sharon Kowalski, Ms. Foty stated, "For the first time in 6 years, Sharon has choices." A major part of Sharon's therapy at Miller-Dwan "is to help her regain a sense of empowerment over her own life," Ms. Foty said. Hopefully, Sharon and Karen can both again look forward to a shared future.

For further information or support of their cause, you can contact the National Committee to Free Sharon Kowalski, 1725 17th Street, NW, Rm. 515, Washington, D.C. 20009

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IN THE COMMUNITY

MARCH 11 - Sacramento Women's Chorus in concert to benefit Women's Wheelchair Basketball. Call (916) 753-6022 for details.

MARCH 12 - The Sixth Annual Blisters for Sisters Fun Run and Walk-A-Thon will begin at 9 am in William Land Park. For more information call (916) 441-4207.

Women's Rap Group and Social, every Monday evening 7-9pm, Lambda Center, 1931 L Street.

Sapp-SIG - A new Lesbian Mensa special interest group has been formed in Northern California. For information call (415) 256-9075.

Lesbian and Gay TV Programming every Thursday, 6:30 to 7:30 pm, Sacramento Cable TV Channel 63.





HOT VIBES &



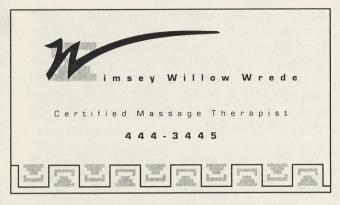
HOT VALENTINES

SACWN Programs and Special Events committees are on a roll. Last month we had Marga Gomez, a fantastically funny comediene, and this month it was Misty Lavender Night, our special salute to all the SACWNite Valentines.

If you were not able to join the many SACWNites who rocked, rolled, swung and two-stepped to the "Cool Music" of TORCH, you really missed a crowd pleaser.

TORCH came prepared to "Blow Our Hair Back" but proceeded to "Light Our Fires" with her hot tunes and creative style. She played to over 200 SACWNites and their friends.

Thank you Special Events Committee. The company was EXCITING, the music was HOT, the food was PLENTIFUL and the atmosphere was CHARGED.



STEERING COMMITTEE

JOANNA CASSESE

Program Committee Coordinator (415) 787-1623

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OUR MARCH OF CELEBRATION

March on, March Forward, March Strong, March Proud ... Yes, March is our Month = National Women's History Month! Our month to remember the courageous women who nurtured our land and dreams; our month to recognize the brave women who ran the underground railroad to freedom's station; our month to recall the strong women who won for all women the right to vote; our month for celebrating "American women of every race, class, and ethnic background (who) helped found the nation in countless recorded and unrecorded ways as servants, slaves, nurses, nuns, homemakers, industrial workers, teahcers, reformers, soldiers and pioneers" (Congressional Resolution/March 1989 - Women's History month).

The 1989 National Women's History Month theme is "Heritage of Strength and Vision". To honor the known and little known women who created our legacy of freedom and choices, Sacramento City College (SCC) is offering a calenderful of exciting events. SCC events include "Politics, policy and power - We Write the Laws;"

"Against All Odds: Role Models need not be celebrities"; "Portraits of Courage" - lecture/film and "How We Got The Vote" (Film). For further information on these and additional events that focus on National Women's History Month, contact the SCC Student Development Office.

Also, be alert to the many other activities offered by groups in recognition of Women's History Month. And don't forget SACWN's own special program honoring Elizabeth Cady Stanton on March 17!

Yesterday's women of courage gave today's women the power of choices, and preserved for tomorrow's women the hope of true equality in all facets of life. We march on in their memory and tradition, we march on for our generation and those who follow in our footsteps as we continue on the path to tomorrow.

NOTE: Space did not permit us to list all the Women's History Month programs, but if you would like additional information on programs featured at:
University California, Davis call 752-3372;
California State University, Sacramento call 278-3788;
Consumnes River College call 686-7354;
California Commission on the Status of Women call



THE MARVELS OF MARGA



Echos of laughter still resound from last month's evening with comedian Marga Gomez. Marga delighted an audience of 240 SACWNites and friends with her wonderful insights into the lighter side of life. Hilarity and humorous reflection, stillness, stories and song filled the night with waves of laughter and applause. Marga's talent for the wry and improvised amde everyone respond with rolling chuckles, unstifled circles and enthusiastic laughing. If you missed the comic magic of Marga, you missed more than mere sentences can describe. If you were there for our madcap evening with Marga, then you know the marvelous memories that night gave to all who attended. Indeed, you probably find yourself smiling still when Marga's comic lines and musings come trickling to mind. SACWN does apologize for the soreness of stitched-sides that resulted from hours of hardy, heartfelt laughing, but what a small price to pay for SACWN memories of the Marvels of Marga!



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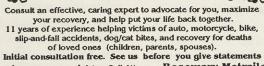
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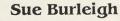


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MARCH PLEASE INCLUDE SELF-ADDRESSED, STAMPED ENVELOPE AND A CHECK OR MONEY ORDER, MADE PAYABLE TO JOAN UEBELHOER SACWN, Inc. AND MAIL TO: SACWN, INC. NUMBER OF TICKETS: SUBSCRIBER @ \$7.00 = \$_ P. O. BOX 661332 (Sr. Citizens Age 65+ on Limited Income; Students 21+ on Limited Income; SACRAMENTO, CA 95866 Disabled Citizens on Limited Income) NUMBER OF TICKETS: SUBSCRIBER @ \$8.00 = \$____ PLEASE ATTACH A LIST OF (Others on Limited Income) SUBSCRIBERS NAMES NUMBER OF TICKERT: SUBSCRIBER @ \$12.00 = \$____ (Standard Ticket Price) NON-SUBSCRIBER PRICES/PURCHASES AT THE DOOR \$15.00 = \$__ TOTAL AMOUNT ENCLOSED = \$ TICKET ORDERS MUST BE POSTMARKED BY MARCH 12, 1989 SACWN, INC. — SUBSCRIPTIONS/RENEWAL BY MAIL Annual cost is \$24 for a calendar year (or two \$12 installments, the second due in 6 months). Subscription entitles you to receipt of our monthly newsletter and discounts for our various functions (dinners, dances). To avail yourself of these services provided by SACWN, Inc., send a check for the correct amount made payable to SACWN, Inc., 1st Installment (\$12) Annual (\$24) New Subscription Enclose check and mail to: Renewal ____ SACWN, Inc., P. O. Box 661332 Sacramento CA 95866 Career Interests This form is NOT a permanent record - please note: Names on checks are listed on our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail; if subscribing by cash, please make your payment at the next meeting you attend. WAIVER I AM AWARE THAT CERTAIN RISKS OR INJURIES COULD OCCUR ARISING FROM MY PARTICI-PATION IN SACWN EVENTS AND/OR SPECIAL INTEREST GROUPS. IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN SUCH EVENTS, SOME OF WHICH MAY INVOLVE STRENUOUS AC-TIVITY (I.E. HIKING, GOLFING, SKIING, CYCLING ETC.), I HEREBY ASSUME ALL RISKS AND WILL HOLD SACWN, INC. AND ITS MEMBERS HARMLESS FROM ALL LIABILITY WHICH MAY ARISE IN CONNECTION WITH THESE ACTIVITIES.

SIGNATURE DATE

SACWN, Inc. P.O. Box 661332 Sacramento, CA 95866

SACWN CALENDAR

MARCH 7	Steering	Committee	Meeting
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14 Newsletter Committee Meeting

17 Joan Uebelhoer Program

APRIL 4 Steering Committee Meeting

11 Newsletter Committee Meeting 21 Joann Loulan Program

MAY

2 Steering Committee Meeting9 Newsletter Committee Meeting

